## 2018 BHHS Menu

"Brookings-Harbor school district is an equal opportunity provider"



## **BREAKFAST \$1.50 LUNCH \$2.85**

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2	3	4	5	6
Apple Fruddel with cheese	Sunrise breakfast	Biscuit and Gravy	Pancake on a stick	80
On a Bun day	Sandwich			
Charbroiled burger, mega melt	Walking taco, Chicken Fajita	Super Nacho Bar	Monte cristo, Philly chez,	
, or Breaded chicken fillet	Bean and cheese burrito	all the fixens you can pile on	all veggie bagel sandwich	•
*Reconciliation day	*world party day	*School librarian day	*National Dandelion day	Teacher work day no school!
9	10	11	12	13
Breakfast Burrito	Potato Skillet w/ tortilla	Biscuit and Gravy	French toast stick	Breakfast bar with cheese
On a Bun day		Basket day	w/sausage	
Charbroiled burger, fish, or	Grown up Mac n chez,	Corndog, chicken strip,	Assorted flatbread Pizza	Cran-turkey, pb&J, or
Breaded chicken fillet	Lasagna, or stuffed bell w/roll	sea bit nug with pretzel		California club wrap
*Name yourself day	*Golfer's day	*Barbershop quartet day	*Walk on your wild side day	*Scrabble day
16	17	18	19	20
Apple Fruddel with cheese	Sunrise breakfast	Biscuit and Gravy	Pancake on a stick	ww/Pop tart
On a Bun day	Taco Tuesday!			with cheese stick
Charbroiled burger, mega melt	Chicken fajita, beef taco,	Dress the DOG	Egg roll, swt n sr meatball,	Combo sub, veggie bagel
, or Breaded chicken fillet	or bean n cheese burrito	hotlink, all beef, or bratwurst	Teriyaki chicken over rice	or turkey n cheese on sub,
*Mushroom day	*Blah, Blah, Blah day	*Int. Jugglers day	*National High-Five Day	*Look alike day
23	24	25	26	27
Breakfast Burrito	Potato Skillet w/ tortilla	Biscuit and Gravy	French toast stick	Breakfast bar with cheese
On a Bun day		Basket day	w/sausage	
On a Bun day Charbroiled burger, fish, or	Chicken tortellini alfredo,	Basket day Corndog, chicken strip,	w/sausage Assorted flatbread Pizza	shredded bbq pork, beef,
,	Chicken tortellini alfredo, Spaghetti,	•	· ·	shredded bbq pork, beef, and PB&J melt wrap
Charbroiled burger, fish, or	Spaghetti,	Corndog, chicken strip,	· ·	., , ,
Charbroiled burger, fish, or Breaded chicken fillet	Spaghetti, *Pig in a blanket day	Corndog, chicken strip, sea bit nug with pretzel	Assorted flatbread Pizza	and PB&J melt wrap

includes but not limited to; Apple Fruddel with cheese

On a Bun day

Charbroiled burger, mega melt

, or Breaded chicken fillet

\*National Honesty day

variety of fresh fruits, vegetables, legumes, cheeses, cottage cheese, salad toppers, and condiments.

Choices of Bagel & cream cheese, yogurt parfait cup, Fruit Smoothies, cold cereal, and hot cereal served daily for breakfast. 100% juice, 1% milk, and nonfat flavored milk choices given daily for both breakfast and lunch.

Students must choose three full portions being a fruit or vegetable. Schools also must ensure that components meet age-specific caloric minimums and maximums (k-12)



of the five, with at least one choice







Apr 4 Music concert at 7PM Apr 5 Music concert at 7 PM

Apr 9 Incoming Freshman in Auditorium at 6 PM Apr 27 Blood Drive

May 5 Prom at 8 PM

Rep the squirel through the maze to find its acoms











