

# 2018 BHHS Menu

"Brookings-Harbor school district is an equal opportunity provider"



BREAKFAST \$1.50

LUNCH \$2.85

Menu subject to change

# March



1	2
Pancake on a stick  Assorted flatbread Pizza  <i>*Peanut butter lovers day</i>	Green Eggs N Ham W/English muffin  Meatball sub, open face tuna melt Monster Turkey Sub with chips  <i>*Dr. Seuss's Birthday!</i>

Days To Remember.....

2nd Dr. Seuss's Birthday, dress up day!

12 Daylight savings time

14 Talent show

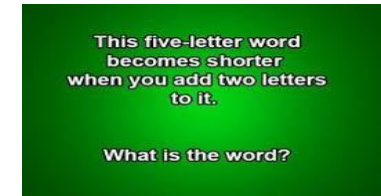
17 St. Patrick's Day

20-24 Spring Break

**National nutrition Month!**

5	6	7	8	9
Breakfast Burrito  <b>On A Bun Day</b> chicken or burger or mega melt <i>*Multiple Personality day</i>	Sunrise breakfast Sandwich  Roast Turkey, Mash Potato Gravy, and roll  <i>*Dentist Day</i>	Biscuit and Gravy  <b>Super Nacho Bar</b> With all the fixings you can pile on!	French toast stick w/sausage  Sweat n sour Meat ball, Eggroll, or Teriyaki Chicken  <i>*Popcorn lover day</i>	Breakfast bar with cheese stick  Cobb salad, PB and J roll up, or California Club on ciabatta w/ chips  <i>*Panic day</i>
12	13	14	15	16
Breakfast burrito  <b>On A Bun Day</b> chicken or burger or mega melt <i>*Girl Scout day</i>	Potato Skillet w/Tortilla  Shredded Pork Carnita's Chicken fajita, or burrito  <i>*Jewel Day</i>	Biscuit and Gravy  <b>Basket Day</b> Chicken strip, corndog, Fish Sticks with pretzel  <i>*National Pi day</i>	Pancake on a stick  Assorted flatbread Pizza  <i>*Ides of March day</i>	ww/Pop tart with cheese stick  St. Paddy's Irish wrap, Irish Colcannon  <i>*Incredible Kid Day</i>
19	20	21	22	23
Breakfast Burrito  <b>On A Bun Day</b> chicken or burger or mega melt  <i>*Poultry day</i>	Sunrise breakfast Sandwich  Minestrone soup or Chicken Noodle with roll  <i>*Spring equinox</i>	Biscuit and Gravy  <b>Dress the Dog bar</b> Choices of: reg ol' dog, Gouda, hot link  <i>*National Agricultural day</i>	French toast stick w/sausage  Adult Rotini n cheese or Chili with roll  <i>*Goof off day</i>	Breakfast bar with cheese stick  Grab N' Go Sandwiches!  <i>*National puppy day</i>
26	27	28	29	30
 <i>*National spinach day</i>	<b>SPRING BREAK!</b> <i>*National Joe Day</i>			 <i>*Take a walk in park day</i>

**Can you Figure out the riddle?**



**DID YOU KNOW?**

Students must choose three full portions of the five, with at least one choice being a fruit or vegetable.

Schools also must ensure that components meet age-specific caloric minimums and maximums (k-12)

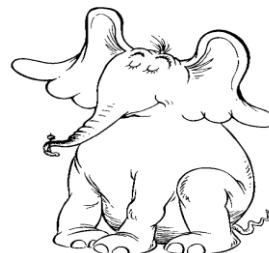


**Breakfast Choices includes**

Choices of Bagel & cream cheese, yogurt parfait cup, Fruit Smoothies, cold cereal, and hot cereal served daily for breakfast. 100% juice, 1% milk, and nonfat flavored milk choices given daily for both breakfast and lunch.

**2 salad bars for lunch**

includes but not limited to; variety of fresh fruits, vegetables, legumes, cheeses, cottage cheese, salad toppers, and condiments.



**Please pay on delinquent accounts**



