




2018 BHHS Menu

"Brookings-Harbor school district is an equal opportunity provider"



BREAKFAST \$1.50

LUNCH \$2.85

	1	2	3	4
	Sunrise breakfast Grown up Mac or Cheesy Chicken cassarole <i>*Loyalty day</i>	Biscuit and Gravy Super Nacho Bar all the fixens you can pile on <i>*brother and sister day</i>	Pancake on a stick Assorted flatbread Pizza <i>*Lumpy rug day</i>	ww/Pop tart & chez stix Chicken Tamales, Beef taco Bean an chez Pupusas <i>*Space day</i>
7	8	9	10	11
Breakfast Burrito On a Bun day Charbroiled burger, Flat bread melt Breaded chicken fillet <i>*National Tourism day</i>	Potato Skillet with tortilla Chicken fajita, walking taco, or bean n cheese burrito <i>*No sock day</i>	Biscuit and Gravy Basket day Corndog, chicken strip, Fish sticks with pretzel <i>*School Nurse day</i>	French toast stick w/sausage Egg roll, swt n sour meatballs, btr lf wrap tyki chicken w/ rice <i>*Clean room day</i>	Coffee cake with cheese stick Monte cristo, Philly chez, all veggie bagel sandwich <i>*Twilight zone day</i>
14	15	16	17	18
breakfast bar w/ chez stix On a Bun day Charbroiled burger, fish, or Breaded chicken fillet <i>*Dance like a chicken day</i>	Sunrise breakfast Chicken Tortellini alfredo, or meatball n spaghetti w/roll <i>*National chocolate chip day</i>	Biscuit and Gravy Dress the DOG hotlink, all beef, or braut <i>*National Sea Monkey day</i>	Pancake on a stick Assorted flatbread Pizza <i>*Pack rat day</i>	ww/Pop tart & chez stix Cali chix club, Hawaiian Ham, or tuna salad roll up <i>*No dirty dish day</i>
21	22 BREAKFAST NUDGE WEEK!	23	24	25
Local Baked Muffins On a Bun day Charbroiled burger, Flat bread melt Breaded chicken fillet <i>*National Memo day</i>	Build a Breakfast Burrito Chicken fajita, Taquito, or bean n cheese burrito <i>*World Goth day</i>	Buckwheat Pancakes Baked Potato Bar Meats, Roll, and all the Fixens! <i>*Lucky penny day</i>	Home made Quiche Shredded Pork on bun Chicken wings and drumsticks <i>*National Escargot day</i>	Oatmeal bar Cranberry turkey ciabbatta, Combo sub, PB & J on croissant <i>*Tap dance day</i>
28	29	30	31	<i>Breakfast Choices includes</i>
 NO SCHOOL	Build a Breakfast Burrito On a Bun day Charbroiled burger, fish, or Breaded chicken fillet <i>*Learn about Composting day</i>	Buckwheat Pancakes Super Nacho Bar all the fixens you can pile on <i>*Water a flower day</i>	Home made Quiche Assorted flatbread Pizza <i>*World no tobacco day</i>	May 4 School Lunch Lady/gentleman HERO day!  <i>© 2008 David J. Neussels www.luntdj.com</i>

DID YOU KNOW?

Students must choose three full portions of the five, with at least one choice being a fruit or vegetable. Schools also must ensure that components meet age-specific caloric minimums and maximums (k-12)



Two salad bars for lunch includes but not limited to;

variety of fresh fruits, vegetables, legumes, cheeses, cottage cheese, salad toppers, and condiments.

Breakfast Choices includes

Choices of Bagel & cream cheese, yogurt parfait cup, Fruit Smoothies, cold cereal, and hot cereal served daily for breakfast. 100% juice, 1% milk, and nonfat flavored milk choices given daily for both breakfast and lunch.



- IMPORTANT DATES**
 May 3 Student Elections
 May 5th Prom night at 8
 May 7-11 Teacher appreciation week
 May 14 Jr./Sr. Banquet
 May 21 Inauguration day
 May 23 Scholarship night 6-8
 May 25 Senior Assembly
 MAY 21-JUNE 1 BREAKFAST NUDGE
 May 29 Early release
 May 31 MR. BHHS 7



Summer Foods Start June 18-July 26

Monday-Thursday located at BHHS cafeteria
 Breakfast 8:00-8:45
 Lunch 11:45-12:30

FREE BREAKFAST AND LUNCH

FOR ALL CHILDREN 1-18

For information call Cindy Badger at 541- 469-2108 x8

Summer Foods Are Great For ALL

- Camps-Clubs
- Summer school
- Athletes-out of town visitors
- Day Care-parents
- Skate boarders-scooter riders
- Bike Riders
- Teens with a license to drive!



Please pay on delinquent accounts



