

# 2018 Kalmiopsis Menu

"Brookings-Harbor school district is an equal opportunity provider"



**BREAKFAST \$0**  
**LUNCH \$2.65**  
 Menu subject to change

# March

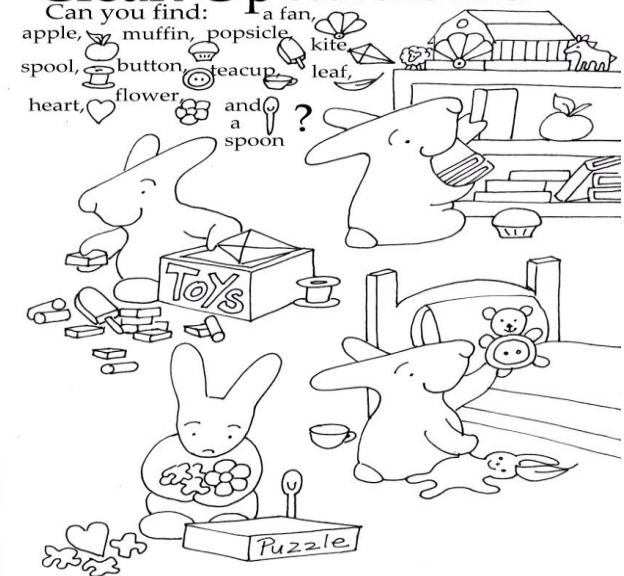


## DATES TO REMEMBER

- 1-2 Book Fair
- 2nd Dr. Seuss's Birthday, dress up day!
- 11 Daylight savings time
- 14 Spring Pictures
- 17 St. Patrick's Day
- 26-30 Spring Break

## National nutrition Month!

## Clean Up seek and find

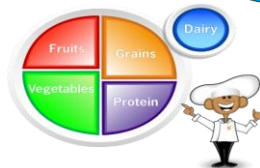
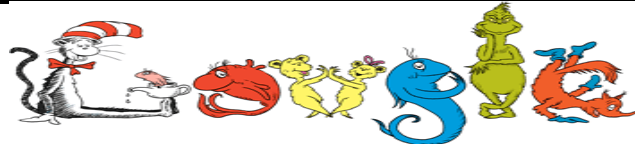


1		2	
Pancake on stick		Breakfastbar & cheese stick	
Eggroll over rice		Green Eggs and Ham wrap w/chips	
<i>*Peanut butter lovers day</i>		<i>*Dr. Seuss's Birthday!</i>	
5		6	
Muffin and Cheese stick		Breakfast burrito	
Fish N Tots with roll		Pepperoni or Cheese Pizza	
<i>*Multiple Personality day</i>		<i>*Dentist Day</i>	
12		13	
Yogurt and Grahams		Bagelful	
Hamburger		Teriyaki chicken flatbread	
<i>*Girl Scout day</i>		<i>*Jewel Day</i>	
19		20	
Muffin and Cheese stick		Breakfast burrito	
Corndog		Pepperoni or Cheese Pizza	
<i>*Poultry day</i>		<i>*Spring equinox</i>	
26		27	
		<b>SPRING BREAK!</b>	
		<i>*National Joe Day</i>	
7		8	
Bagelful		Mini pancake	
Monte Cristo		Super Nacho	
<i>*National Crown Rst of Pork</i>		<i>*Popcorn lover day</i>	
14		15	
Breakfast burrito		Pancake on stick	
Shredded Pork on bun		Roast Turkey, Mash Potato, gravy, and Roll	
<i>*National Pi day</i>		<i>*Ides of March day</i>	
21		22	
Bagelful		Mini pancake	
Black bean and cheese Quesadilla		Sweet N Sour Meatball over rice	
<i>*National Agricultural day</i>		<i>*National Goof off day</i>	
28		29	
<b>SPRING BREAK!</b>		<b>SPRING BREAK!</b>	
<i>*Something on a stick day</i>		<i>*Smoke n mirrors day</i>	
9		10	
ww pop tart		Breakfast bar with cheese stick	
Cheese stick		Turkey Sandwich	
<i>*Panic Day</i>		<i>*Incredible Kid Day</i>	
16		17	
Breakfast bar with cheese stick		St. Paddy's Irish Wrap with chips	
<i>*Panic Day</i>		<i>*Incredible Kid Day</i>	
23		24	
WW pop tart		Ham and Cheese sandwich with chips	
Cheese stick			
Ham and Cheese sandwich with chips			
<i>*National Puppy Day</i>			
30		31	
<i>*Take a walk in park day</i>		<i>*Take a walk in park day</i>	

### DID YOU KNOW?

Students must choose three full portions of the five, with at least one choice being a fruit or vegetable.

Schools also must ensure that components meet age-specific caloric minimums and maximums (K-12)



### Lunch bar

Includes but not limited to:  
 variety of fruits, vegetables,  
 legumes, cheese, salads,  
 dressings, sauces, and condiments



Please pay on delinquent accounts



